

# “Just Breathe...” For some, it’s not that simple.



## November is National COPD Awareness Month

Chronic obstructive pulmonary disease (COPD) is a respiratory condition that makes it hard to breathe by limiting airflow in and out of the lungs. COPD includes emphysema and chronic bronchitis.

- 12 million adults have COPD and another 12 million are undiagnosed or developing COPD
- 70% of all Americans with COPD are younger than 65 years of age
- There is no cure, but treatments are available to help people live with their COPD

The Qi Garden Salt Spa is helping people who are suffering from COPD, and all respiratory sufferers, through the simple, 100% drug-free and affordable treatment of Salt Therapy or HaloTherapy.

Try the Qi Garden Salt Spa for  
**One-Week of Unlimited Salt Spa Sessions**  
for **ONLY \$59**

Only available during the month of November. Purchase your one-week pass now.

\*Limit of one November special per customer during November 2017.

**Start getting some relief now and breathe easier!**



See for yourself how Salt Therapy has helped many local central Wisconsin people already ~

For video testimonials, visit: [www.QiGardenSaltSpa.com](http://www.QiGardenSaltSpa.com)

Within The Wellness Spa at 3916 Water Street, Stevens Point, WI 54481 Call: 715-341-3333